

SC Fresh Chorizo Sausage

10/07/2015

Nutrition Facts

Serving Size 1 link (113g)
Servings Per Container 4

Amount Per Serving

Calories 260 **Calories from Fat** 170

% Daily Value*

Total Fat 19g **29%**

 Saturated Fat 6g **30%**

 Trans Fat 0g

Cholesterol 65mg **22%**

Sodium 890mg **37%**

Total Carbohydrate 2g **1%**

 Dietary Fiber 1g **4%**

 Sugars 0g

Protein 18g

Vitamin A 20% • Vitamin C 0%

Calcium 2% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4